

Josh C.



**Certified Personal Trainer
Team Member Since: 2011**

Education & Certifications

- BS in Kinesiology from California State University Long Beach
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Most Outstanding Kinesiology Undergraduate 2011
- Traveling
- Beach Sports
- Basketball



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