

# Mirela H.



**Certified Personal Trainer  
Team Member Since: 2004**

## Education & Certifications

- BA in Psychology from California State University Fullerton
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Beach Volleyball
- Kickboxing
- Track and Field



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 097