

Mirela H.



Certified Personal Trainer
Team Member Since: 2004

Education & Certifications

- BA in Psychology from California State University Fullerton
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Beach Volleyball
- Kickboxing
- Track and Field



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