

Tahneetra C.



Master Trainer
Team Member Since: 2001

Education & Certifications

- BS in Business Administration from California State University Northridge
- 24 Hour Fitness - Certified Personal Trainer
- Aerobic and Fitness Association of America - Personal Trainer Certification
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- spending time with family - proud mother of two
- shopping
- cycling



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining