

Daniel A.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Fitness Therapy Certification

Hobbies and Achievements

- Intense Circuit Training
- Coaching Youth Wrestling
- 3rd Place, 2006 Greco Roman Wrestling Nationals
- Cycling
- Yoga



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