

# Omar H.



**Certified Personal Trainer**  
**Team Member Since: 2010**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- International Fitness Professionals Association - Personal Fitness Trainer Certification
- Professional Fitness Training Association - Personal Trainer Certification

## Hobbies and Achievements

- Amateur Boxing
- College Soccer
- Ballet



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)