

Salvador M.



Assistant Fitness Manager
Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BS in Sports Nutrition from Univa University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Played professional soccer in Mexico
- Specialize in strength training and conditioning programs
- Supplements knowledge
- Clinical nutrition and chronic degenerative diseases control
- Exercise and diabetes research



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 102