

# Collin D.



**Certified Personal Trainer  
Group X Instructor  
Team Member Since: 2008**

## Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- TRX Training / Cross Fit / Olympic Lifting
- Rock Climbing (Bouldering)
- Parkour (Free Running)
- Basketball
- NAVY Rescue Swimming



For more info about this trainer,  
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