

# Collin D.



**Certified Personal Trainer**  
**Group X Instructor**  
**Team Member Since: 2008**

## Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- TRX Training / Cross Fit / Olympic Lifting
- Rock Climbing (Bouldering)
- Parkour (Free Running)
- Basketball
- NAVY Rescue Swimming



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 104