

Susie R.



Certified Personal Trainer
Group X Instructor
Team Member Since: 1995

Education & Certifications

- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Spending time with Family
- Boogie Boarding
- Reading



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