

# Courtney M.

## Education & Certifications

- BA in Merchandise Product Development from Fashion Institute of Design and Merchandise
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer



**Certified Personal  
Trainer  
Fitness Manager  
Team Member Since:  
2006**

## Hobbies and Achievements

- National Physique Committee/NPC Fitness Competitor
- Member of the National Council on Strength and Fitness
- Avid Soccer Player
- Travel
- Fashion



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**[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)**