

Brian K.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Kinesiology - Rehabilitation and Therapeutic Exercise from California State University, Los Angeles
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Graduated Magna Cum Laude (Honors)
- Graduate of Santa Ana College Basic Fire Academy
- Enjoy playing basketball, reading, and watching movies
- Enjoy participating in any outdoor activities



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 111