

Michael W.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification

Hobbies and Achievements

- Competitive Swimming - 6 years
- Swim Instructor and Lifeguard - 3 years
- Surfing
- Spearfishing
- Backpacking



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