

Minh T.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- USA Weightlifting Certification

Hobbies and Achievements

- Weightlifting
- CrossFit
- Circuit Training
- Enjoy watching and playing sports!
- Specialize in personal, partner, and group training!
- Have helped clients lose up to 50 lbs.



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining