

Ryan P.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Kinesiology from California State University Long Beach
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- 2 Time All-Conference 1st Team - HS Basketball (2009 & 2010)
- 1 Year Varsity HS Volleyball (2009)
- 3rd Degree Blackbelt - Taekwondo (2007)
- CA State Champion - Taekwondo (2004)



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 111

