

Sara A.



**Certified Personal Trainer
Team Member Since: 2012**

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Personal Training Institute of Colorado - Personal Training Certification

Hobbies and Achievements

- Loves spending time with family
- 15 years experience in competitive dance
- Amateur figure competitor
- Enjoys running and biking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 111