

# Gerad W.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BA in English from University of Northern Colorado
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Hiking, climbing, jogging, camping and anything outdoors
- Competitive basketball coach - 3 years
- Yoga enthusiast



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)