

Joseph R.



**Certified Personal Trainer
Assistant Fitness Manager
Team Member Since: 2010**

Education & Certifications

- BS degree in Business Administration from California State University Bakersfield
- American College of Sports Medicine - Certified Personal Trainer
- American College of Sports Medicine - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist

Hobbies and Achievements

- Exercising
- Participating in recreational sports
- Playing video games



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 116

