

# Brandon R.



**Master Trainer**  
**Fitness Manager**  
**Team Member Since: 2008**

## Education & Certifications

- BS Degree in Kinesiology - Cal State University, Northridge
- 24 Hour Fitness - Certified Personal Trainer
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- motocross
- mountain biking
- working out



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 117

