

# Moises L.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BS in Kinesiology-Exercise Science from California State University, Northridge
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- NPC Level Bodybuilding Athlete
- Snowboarding
- Music
- Living a Holistic Lifestyle



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