

Amanda T.



**Certified Personal Trainer
Team Member Since: 2013**

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Competitive Bodybuilding, NPC Competitor 2009
- Fitness Modeling
- Holistic Practitioner, Sports Massage
- Health & Wellness
- Spending time with my two boys



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