

Kevin C.



Master Trainer
Assistant Fitness Manager
Team Member Since: 2006
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Kinesiology from California State University Long Beach
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- USA Weightlifting Certification

Hobbies and Achievements

- Strength training, 10+ years experience
- Baseball +17 years experience
- Riding my bike



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24hourfitness.com/personaltraining

Club ID: 124