

# Nicole J.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BS in Kinesiology from CSULB
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- Spending time with family and friends
- Horseback riding
- Swimming
- Running
- Listening to music



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)