

Kelsy H.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Kinesiology from San Jose State University
- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- Division 1 Collegiate Soccer Player
- All Western Athletic Conference Academic Team
- 4 year Varsity Soccer Los Osos High School
- Olympic Development Program



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining