

# Kelsy H.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BS in Kinesiology from San Jose State University
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- Division 1 Collegiate Soccer Player
- All Western Athletic Conference Academic Team
- 4 year Varsity Soccer Los Osos High School
- Olympic Development Program



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