

Chris B.



Team Member Since: 2005

Education & Certifications

- BA in Advertising from California State University, Fullerton
- CPR Certification
- International Sports Sciences Assoc. - Fitness Therapy Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Football
- Basketball



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 127

