

George L.



Certified Personal Trainer
TC24 Coach
Team Member Since: 2012

Education & Certifications

- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- National Strength and Conditioning Assoc. - Certified Personal Trainer
- TC24 Coach

Hobbies and Achievements

- 2011 Desert Showdown World Amateur Boxing Championship finalist
- Zulu Kai OC Boxing Academy fight team member
- OC Yellow Jackets Boxing Academy fight team member
- Avid outdoorsman



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 127