

Ron S.



Team Member Since: 2007

Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Anything active and physical especially outdoors
- Football and Track & Field at Esperanza High School
- US Army since 2008, will commission as a 2nd Lieutenant May 2013
- Will graduate from Cal State Fullerton in May 2013
- Passion for living an active lifestyle



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining