

Tom K.



Team Member Since: 2009

Education & Certifications

- CPR Certification
- International Sports Sciences Assoc. - Fitness Therapy Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Black Belt American Taekwondo Assoc 17 Years
- Black Belt Unified Taekwondo Org 6 Years
- Regional & National Black Belt Judge Ranked 3rd at American Taekwondo Assoc World Tournament
- Martial arts instructor
- Biking
- Sailing



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