

Tom K.



Certified Personal Trainer
Master Trainer
Team Member Since: 200
Sessions Serviced:5,000 +

Education & Certifications

- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- National Federation of Professional Trainers - Personal Trainer

Hobbies and Achievements

- Black Belt American Taekwondo Assoc. 17 Years
- Black Belt Unified Taekwondo Org.6 Years
- Regional National Black Belt Judge
- Ranked 3rd at American Taekwondo World Tournament
- Martial arts instructor.



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 127

