

Kristen B.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BA in Sociology / Kinesiology from Western State Colorado University
- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- Crossfit Competitions
- 5Ks
- Camping/Hiking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 128