

# Michele P.



**Certified Personal Trainer  
Team Member Since: 2013**

## Education & Certifications

- BS in Kinesiology from California State University, Northridge
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Registered Clinical Exercise Physiologist
- CPR Certification

## Hobbies and Achievements

- Cooking
- Road and Trail Running
- Hiking
- Biking Riding



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