

# Brandon H.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- AA in Exercise Science / Kinesiology from Riverside Community College
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- Riverside Community College Basketball
- Varsity Basketball
- Varsity Wrestling
- Varsity Football



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 131

