

Rene S.



Certified Personal Trainer
Group X Instructor
Assistant Fitness Manager
Team Member Since: 2006
Sessions Serviced: 5,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Canyon riding
- Weight lifting
- Hanging with the guys



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 133

