

# Amanda H.

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor



**Certified Personal Trainer**  
Team Member Since: 2011

## Hobbies and Achievements

- Hiking
- Wakeboarding
- Running
- Soccer
- Friends & family



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