

Derek R.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in Performing Arts from Savannah College of Art and Design
- MA in Educational Theatre from NYU
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Strength and Conditioning Assoc. - Certified Personal Trainer

Hobbies and Achievements

- Hiking
- Rock Climbing
- Biking
- Acting



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 140