

Darren V.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- Kinesiology from Saddleback
- Marine Technology from National University
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Surfing
- Swimming
- Snowboarding
- Hiking



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