

Jennifer G.



Group X Instructor
Team Member Since: 2003

Education & Certifications

- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Working out and teaching aerobics
- Snowboarding
- Hanging out with my kids



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24hourfitness.com/personaltraining

Club ID: 147