

# Kenneth C.



Team Member Since: 2008

## Education & Certifications

- BS in Construction Management from Ball State University
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Army football
- 2nd degree Black belt
- Vietnamese kickboxing



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 149

