

Kristopher G.

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer



Certified Personal Trainer
Team Member Since: 2008

Hobbies and Achievements

- Lifetime soccer player
- Distance runner
- National Guard Fitness NCO
- Water survival instructor
- Distance swimmer



For more info about this trainer,
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24hourfitness.com/personaltraining

