

Chris F.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Play golf competitively and won several gold tournaments
- Train Muy Thai Jiu Jitsu
- Surf
- Love to workout!



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