

# Christine C.



**Certified Personal Trainer  
Team Member Since: 2013**

## **Education & Certifications**

- Fine Arts, Humanities and Language from Irvine Valley College
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## **Hobbies and Achievements**

- California State Games Gold Medalist 2001, 2002, 2003
- Triathlon, 2nd place in age group, 2011
- Junior Olympian, Swimming 2000-2004
- Gymnastics Coach 2008-2011
- Swim Coach 2011-2013



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