

Daniel G.



Master Trainer
Team Member Since: 2000

Education & Certifications

- BS in Kinesiology from Sam Houston State University
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Federation of Professional Trainers - Personal Trainer

Hobbies and Achievements

- 8 yrs baseball experience- All State Texas pitcher, topped out 92 mph
- Member of elite group of 24 HF trainers to service 10,000+ sessions



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