

Kerry H.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- Kinesiology
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Four years of Track and Field and three years being a Captain
- Placed 2nd in my age group for the Cinco De Mayo 10K
- NESTA Fitness Nutrition Coach



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining