

Ryan H.



Team Member Since: 2011

Education & Certifications

- BS in Kinesiology from University of Nevada, Las Vegas
- 24 Hour Fitness - Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Cycling/Racing
- Swimming
- Mountain Biking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 151

