

# Dory A.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- Kinesiology from Santa Ana College
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Played in 2012 Orange County All-Star High School Basketball Game
- Team M.V.P & Captain of the 2012 GGHS Varsity Basketball Team
- Lost 30 LBS in 2011
- Basketball - Football - Strength Training
- Going to Sporting Events and Concerts



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 156