

Erik A.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- Kinesiology from Cal State Fullerton
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Sports
- Snowboarding
- Healthy Eating
- Cooking
- Training



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 156