

Erik A.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- Kinesiology from Cal State Fullerton
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Sports
- Snowboarding
- Healthy Eating
- Cooking
- Training



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining