

# Rhonda N.



**Team Member Since: 1996**

## Education & Certifications

- Exercise Science Certification from University of California, Irvine
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- High altitude mountain climbing
- Sail boat racing



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Club ID: 158