

Cameron C.



Master Trainer
Team Member Since: 2006
Sessions Serviced: 5,000 +

Education & Certifications

- BS in Kinesiology, emphasis in Fitness, Nutrition & Health from California State University San Diego
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Laguna Creek High School Wrestling (Varsity)
- Competitive freestyle wrestling (5 years)
- Competitive Brazilian Jujitsu (1 year)
- Avid mountain biker



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