

# Darin K.



**Certified Personal Trainer**  
**Team Member Since: 2007**

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Rancho Bernardo High School Baseball (Varsity)
- 2x Region Champ & All-region Selection
- Technology Enthusiast



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 160

