

Justin T.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Brazilian Jiu-Jitsu Brown Belt
- Inducted into Martial Arts Hall of Fame for 2008 Student of the Year
- Sprint Triathlons
- Golf
- Certified Grappling Instructor



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 160