

Sheila B.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Business Administration from Illinois State University
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Las Vegas Spartan Race 2013
- Spend time with friends and family
- Having fun and staying active



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 162

