

Denis B.



Certified Personal Trainer
Fitness Manager
Team Member Since: 2007

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Basketball and football
- Cooking, movies, and playing with my dogs
- Working out



For more info about this trainer,
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24hourfitness.com/personaltraining