

Donald M.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Sergeant/squad leader, United States Army, 2008-2013
- Exercise & fitness
- Marathons, Tough Mudder, Color Me Rad, Spartan Race



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